

Tahini-mayo dip with stuffed cucumber boats

Total time **15 mins 10 mins** preparation time **5 mins** cooking time

Nutritional facts (per portion):

2,585 kJ / 648 kcal

INGREDIENTS

2 portion(s)

Tahini-mayo dip:

3 tbsp mayonnaise

1 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce

1 tbsp tahini

1 tbsp lemon juice1 tsp lemon zest1 tsp Tabasco sauce1 tsp dried thyme

1 tsp black sesame seeds1 tbsp chopped peanuts

Cucumber boats:

long cucumbers
ream cheese
tbsp chopped parsley
tbsp chopped chives
temon zest
tsp black pepper
of asparagus

1 tsp olive oil

50 g sliced smoked salmon

1 tsp dill

Fat: **58.3** g Protein: **18** g Carbohydrates: **11.2** g

PREPARATION

Step 1

3 tbsp mayonnaise - 1 tbsp <u>Kikkoman Naturally</u>
<u>Brewed Soy Sauce</u> - 1 tbsp tahini - 1 tbsp lemon
juice - 1 tsp lemon zest - 1 tsp Tabasco sauce - 1
tsp dried thyme - 1 tsp black sesame seeds - 1
tbsp chopped peanuts

Thoroughly mix all the dip ingredients and set aside in the fridge.

Step 2

2 long cucumbers - 140 g cream cheese - 1 tbsp chopped parsley - 1 tbsp chopped chives - 1 tbsp lemon zest - 0.5 tsp black pepper Cut the cucumbers in half lengthwise and scoop out the seeds with a spoon. Mix the cream cheese with the herbs, lemon zest and black pepper. Fill the cucumber halves with the mixture.

Step 3

0.5 bunch bunch of asparagus - **1 tsp** olive oil - **50 g** sliced smoked salmon - **1 tsp** dill

Cut the asparagus into smaller pieces and fry in olive oil. Place on half of the stuffed cucumbers. On the other half, arrange the pieces of smoked salmon and add the dill. Serve with the tahinimayo dip.