

Smoked Salmon and Avocado Roll (Uramaki)

Total time **15 mins 15 mins** preparation time

Nutritional facts (per portion):

456 kJ / 109 kcal

INGREDIENTS

8 portion(s)

5 small avocado slices

5 mini gherkins (or

cornichons)

1 nori sheet

200 g cooked sushi rice

0.5 tsp wasabi paste**2 tsp** cream cheese**150 g** smoked salmon

150 g smoked **For the garnish:**

2 tsp wild salmon caviar

1.5 radishes, thinly sliced

A few sprigs of dill

To serve:

Pickled ginger

wasabi paste

Kikkoman Naturally
Brewed Soy Sauce

Fat: **5.2** g Protein: **5.5** g Carbohydrates: **9.3** g

PREPARATION

Step 1

Cut avocado and gherkins into strips.

Step 2

Place 1 nori sheet on the sushi mat.

Step 3

Spread the sushi rice on it with wet fingers.

Step 4

Turn over completely.

Step 5

Spread wasabi paste and cream cheese lengthwise

along the middle.

Step 6

Place avocado and gherkins strips lengthwise on

top.

Step 7

Roll up the roll.

Step 8

Top with salmon strips.

Step 9

Wrap in cling film and fix with sushi mat.

Step 10

Carefully remove the cling film and cut the roll into 8 equal pieces.

Step 11

Arrange with wild salmon caviar, radish slices, dill, pickled ginger and wasabi paste.