

Salmon & goat's cheese puff pastry pizza

Total time **25 mins 10 mins** preparation time **15 mins** cooking time

Nutritional facts (per portion):

3,062 kJ / 732 kcal

INGREDIENTS

2 portion(s)

1 pack of French pastry

egg whiteblack cumin

100 g warm smoked salmon

100 g goat's cheese

5 eggs100 g yoghurt1 tbsp mayonnaise

1 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce

1 pinch garlic powder

1 pinch pepper2 tbsp chopped dill1 handful rocket salad

Fat: **51 g** Protein: **36.4 g** Carbohydrates: **31 g**

PREPARATION

Step 1

1 pack of French pastry - **1** egg white - **2 tbsp** black cumin

Unroll the French pastry and fold the edges inward. Brush the entire surface with beaten egg white. Sprinkle the edges with black cumin.

Step 2

100 g warm smoked salmon - **100 g** goat's cheese - **5** eggs

Spread the goat's cheese and salmon pieces on the prepared base, leaving empty wells in which the eggs will be cracked later. Prick the pastry with a fork in these spaces. Bake for 10 minutes at 200 °C, then crack an egg into each well and return to the oven. Bake until the egg whites are set, about 5-7 minutes.

Step 3

100 g yoghurt - **1 tbsp** mayonnaise - **1 tbsp**<u>Kikkoman Naturally Brewed Soy Sauce</u> - **1 pinch**garlic powder - **1 pinch** pepper - **2 tbsp** chopped
dill - **2 handful** rocket salad
Mix the yoghurt with the mayonnaise, Kikkoman
Soy Sauce, garlic, pepper and dill in a bowl.