

Poke bowl with asparagus & salmon ceviche

Total time **45 mins** 10 mins preparation time 5 mins cooking time 30 mins marinating time

Nutritional facts (per portion):
2,400 kJ / 585 kcal

Fat: **28 g** Protein: **32 g**
Carbohydrates: **47 g**

INGREDIENTS

2 portion(s)

300 g	fresh sushi-grade salmon
100 ml	lime juice
2 tbsp	Kikkoman Sauce for Poke Bowl
1 tsp	Kikkoman Toasted Sesame Oil
300 g	green asparagus
1 tbsp	butter
1 tsp	olive oil
1 tsp	lemon juice
1 tsp	Kikkoman Naturally Brewed Soy Sauce
150 g	cooked sushi or jasmine rice
2 tbsp	Kikkoman Seasoning for Sushi Rice (125ml)
0.5	mango
0.5	avocado
1 tbsp	black sesame seeds
2 tbsp	chopped coriander