

Nasi goreng with chicken, egg and sweet soy

Total time **30 mins 15 mins** preparation time **15 mins** cooking time

Nutritional facts (per portion):

2,475 kJ / 590 kcal

INGREDIENTS

4 portion(s)

250 g jasmine rice

400 g chicken breast fillet

2 carrots

red peppersred oniongarlic cloves

2 tbsp <u>Kikkoman Toasted</u>

Sesame Oil

200 g frozen peas

90 ml Kikkoman Sauce for Rice

- sweet

4 eggs

1 tbsp vegetable oil

Salt (to taste)

Freshly ground pepper

(to taste)

2 tbsp lime juice

For garnish:

6 cherry tomatoes,

optional

1 handful spring onion, optional

Fat: **15.2** g Protein: **39.9** g Carbohydrates: **68.6** g

PREPARATION

Step 1

250 g jasmine rice - **400 g** chicken breast fillet - **2** carrots - **2** red peppers - **1** red onion - **2** garlic cloves

Cook the rice according to the packet instructions.

Cut the chicken breast into strips. Cut the carrots into thin strips and the red peppers into chunks. Finely chop the onion and garlic.

Step 2

2 tbsp Kikkoman Toasted Sesame Oil **200 g** frozen peas - **90 ml** Kikkoman Sauce for Rice - sweet Fry the chicken strips in hot Kikkoman Sesame Oil in a large pan or wok. Add the carrots, peppers, onion and garlic and cook for about 5 minutes. Add the peas, rice and Kikkoman Sauce for Rice, and fry for about 3 minutes, stirring continuously.

Step 3

4 eggs - 1 tbsp vegetable oil - Salt (to taste) Freshly ground pepper (to taste) - 2 tbsp lime juice - 6 cherry tomatoes, optional - 1 handful spring onion, optional

Fry the eggs in hot vegetable oil in a separate pan and season with the salt and pepper. Season the nasi goreng with the pepper and lime juice, then serve topped with the fried eggs. Garnish with the cherry tomato quarters and spring onion strips if desired.