

Millet balls in a spicy curry sauce

Total time **30 mins 30 mins** preparation time

Nutritional facts (per portion):

1360 kJ / 325 kcal

INGREDIENTS

4 portion(s)

Balls:

100 g millet

8 dried tomatoes in oil with

herbs

0.5 bunch parsley**3** basil sprigs

Sauce:

medium onion
chilli pepper
tbsp rapeseed oil
ted curry paste
tomato passata
coconut milk

Kikkoman Ponzu Citrus Seasoned Soy Sauce -

Lemon

PREPARATION

Step 1

Put the millet in a pan and pour on 220 ml water and cook over low heat for 12 minutes with a lid on. Meanwhile, chop the parsley and basil.

Step 2

Mix hot millet with dried tomatoes, then mix with herbs and put aside to cool.

Step 3

Chop the onion and chilli, fry in oil along with the curry paste. Add tomato passata and simmer for 10 minutes. Stir in the coconut milk and Ponzu citrus soy sauce.

Step 4

Form small balls from the millet mixture and serve with the curry sauce while warm.