

Mexican Ramen with minced meat

Total time 30 mins 10 mins preparation time 20 mins cooking time

Nutritional facts (per portion):

2,335 kJ / 558 kcal

INGREDIENTS

2 portion(s)

1

100 g ramen noodles

(alternative: e.g.

spaghetti, Penne pasta)

200 g mixed minced meat

1 tbsp <u>Kikkoman Toasted</u>

Sesame Oil clove of garlic

0.5 each green, yellow and

red bell pepper

100 g sweetcorn (canned)1 tsp Mexico spice mix

3.5 tbsp <u>Kikkoman Concentrated</u>

Ramen Noodle Soup

Base - Shoyu (Soy Sauce)

<u>Flavour</u>

1.5 tsp Kikkoman Spicy Chili

Sauce for Kimchi

1.5 tbsp red and green sliced

jalapeno chillies (jar)

2 tbsp fried onions

Fat: **22.5** g Protein: **27.1** g

Carbohydrates: 48.7 g

PREPARATION

Step 1

Prepare the noodles according to the package

instructions.

Step 2

Fry the minced meat in the heated oil for about 5

minutes.

Step 3

Cut the bell pepper into strips, finely chop the

garlic, add both to the minced meat and fry briefly.

Add the drained sweetcorn and heat briefly.

Season with the Mexico spice mix.

Step 4

Bring approx. 540 ml water to a boil in a pan, mix

with the Ramen Soup Base and the Chili Sauce for

Kimchi and divide into 2 bowls.

Step 5

Add the cooked noodles and top with the minced

meat mixture.

Step 6

Garnish with the jalapeno chillies and fried onions

and serve.