

Marinated Salmon with Curried Cabbage Salad

Nutritional facts (per portion):

2,564 kJ / 612 kcal

INGREDIENTS

4 portion(s)

For the marinade:

2 tsp peanut oil

5 cloves of garlic, thinly

sliced

3 tsp sugar

2 small cinnamon sticks

6 star anise

240 ml Kikkoman Naturally

Brewed Soy Sauce

480 g salmon fillet (sushi

quality)

For the curried cabbage salad:

180 g oxheart or pointed

cabbage

60 g shallots, finely chopped

30 ml walnut oil

10 ml raspberry vinegar**2 tbsp** sweet & sour sauce

50 g mango

50 g pineapple (sweet and

ripe)

A little curry powder

1 pinch sugar

Freshly ground pepper

For the coriander mayonnaise:

60 g mayonnaise **30 g** crème fraîche

3 tsp <u>Kikkoman Naturally</u>

Brewed Sweet Soy Sauce

1 tbsp coriander3 dash lime juice1 clove of garlic2 piece stem ginger

Fat: **35.6** g Protein: **31.2** g Carbohydrates: **27.2** g

PREPARATION

Step 1

Heat up the peanut oil in a saucepan. Add the garlic and cook without browning. Add the sugar, cinnamon stick, star anise and soy sauce, bring to the boil and then remove from the heat and allow to cool. When the marinade has cooled, pour it into a glass or ceramic container with the salmon. Cover and refrigerate for three to four days, turning occasionally.

Step 2

De-core the cabbage and cut it into approx. 3 mm wide strips. Sprinkle with salt and leave overnight. On the next day, add the chopped shallots, walnut oil, raspberry dressing and sweet & sour sauce. Wash the mango and pineapple, cut into fine strips and add to the cabbage. Season with curry powder, sugar and fresh pepper.

Step 3

Stir the mayonnaise, crème fraîche and sweet soy sauce together until smooth. Then add the coriander, lime juice, garlic, stem ginger and grated ginger. Season with freshly ground pepper, curry powder and ginger syrup.

Step 4

Slice the salmon thinly before serving it on a bed of curried cabbage salad with bread and coriander mayonnaise.

fresh ginger, grated
White pepper, curry
powder, ginger syrup
from the stem ginger to
taste