

## Loaded nachos with guacamole and salsa

Total time 30 mins 20 mins preparation time 10 mins cooking time

Nutritional facts (per portion):

1,933 kJ / 463 kcal

## **INGREDIENTS**

8 portion(s)

**Nachos** 

**1** clove of garlic

**3 tbsp** <u>Kikkoman Naturally</u>

Brewed Soy Sauce Freshly ground pepper

**1 pinch** cumin

250 g beef steak (sirloin)

Guacamole

**50 g** cherry tomatoes

**50** g shallots

**1** clove of garlic

**2 tbsp** olive oil

2 ripe avocados

**2 tbsp** <u>Kikkoman Naturally</u>

**Brewed Soy Sauce** 

**1** lime

**10 g** fresh coriander

**1 pinch** cumin

**300** g nachos chips

**125** g grated cheese - Cheddar

and/or mozzarella

100 g cherry tomatoes75 g canned sweetcorn50 g pickled red onions

**100** g cream fraiche

**100 g** tomato salsa

Fresh coriander

PREPARATION

Carbohydrates: 30.7 g

Fat: 30.3 g Protein: 15.9 g

Step 1

Finely grate the garlic and mix with soy sauce, pepper and cumin. Marinate the steak in it for 10 minutes. Then grill it on a smoking hot grill pan for 4 minutes each side. Alternatively, you can use a regular pan with a bit of oil on it. Let it rest 5 minutes before slicing it into thin strips.

Step 2

To make the Guacamole: Finely dice tomatoes, shallots and garlic. Add to a mortar with olive oil and mix it a bit around before adding the diced avocado. Churn it a little and then season with soy sauce, lime juice, chopped coriander and cumin.

Step 3

Place the nachos chips on a baking tray or in a roasting pan. Add the cheese on top and put it into a preheated oven (180 degrees) for 5-6 minutes until the cheese has melted.

Step 4

Top the nachos with the sliced steak, the guacamole, halved tomatoes, corn, pickled onions, crème fraiche, salsa and fresh coriander.