

Gluten-free buckwheat tomato & cheese waffles

Total time **15 mins 10 mins** preparation time **5 mins** cooking time

INGREDIENTS

2 portion(s)

100 g buckwheat flour20 g potato starch1 tsp baking powder

150 ml water **1** egg **2 tbsp** oil

1.5 tbsp <u>Kikkoman Naturally</u>

Brewed Tamari Gluten

free Soy Sauce

5 dried tomatoes in oil

200 g cream cheese1 tbsp Greek yoghurt

1.5 bunch of basil2 pinch of pepper20 g cucumber

4 cherry tomatoes

4 radishes

PREPARATION

Step 1

100 g buckwheat flour - **20 g** potato starch - **1 tsp** baking powder - **150 ml** water - **1** egg - **2 tbsp** oil - **1 tbsp** <u>Kikkoman Naturally Brewed Tamari Gluten</u> <u>free Soy Sauce</u>

Mix the buckwheat flour, starch and baking powder in a bowl. Add the water, egg, oil and Kikkoman Gluten free Soy Sauce. Mix until the ingredients are combined, and bake waffles using the prepared batter.

Step 2

5 dried tomatoes in oil - **200 g** cream cheese - **1 tbsp** Greek yoghurt - **0.5 tbsp** <u>Kikkoman Naturally</u> <u>Brewed Tamari Gluten free Soy Sauce</u> - **1 bunch** of basil - **1 pinch** of pepper Finely chop the tomatoes and place them in a bowl. Add the cream cheese, yoghurt, soy sauce, chopped basil leaves and pepper. Mix.

Step 3

20 g cucumber - **4** cherry tomatoes - **4** radishes - **0.5 bunch** of basil - **1 pinch** of pepper Coat the waffles with the dried tomato cream cheese, and arrange the cucumber slices, cherry tomatoes and radishes on top. Sprinkle with the freshly ground pepper and fresh basil.