

Flavour-packed fusion: chilli-garlic and salty caramel popcorn duo

Total time **15 mins 10 mins** preparation time **5 mins** cooking time

Nutritional facts (per portion):

2,845 kJ / 680 kcal

INGREDIENTS

2 portion(s)

3 tbsp rapeseed oil popcorn kernels

4 tbsp butter

2 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce

0.5 tsp garlic powder**0.5 tsp** paprika powder**0.25 tsp** chilli flakes

1 tbsp grated Parmesan cheese

(optional)

50 ml water **150 g** sugar

Fat: **25.7 g** Protein: **8.6 g** Carbohydrates: **105 g**

PREPARATION

Step 1

3 tbsp rapeseed oil - **100 g** popcorn kernels Heat the rapeseed oil in a heavy-bottomed frying pan. Add the popcorn kernels and cover with a lid. When all the kernels have popped, divide them into two bowls.

Step 2

2 tbsp butter - 1 tbsp Kikkoman Naturally Brewed Soy Sauce - 0.5 tsp garlic powder - 0.5 tsp paprika powder - 0.25 tsp chilli flakes - 1 tbsp grated Parmesan cheese (optional)
Preparation (savoury version):
Melt the butter in a saucepan, then add the Kikkoman Soy Sauce and spices (garlic, pepper and chilli). Pour the mixture over one of the bowls of popcorn, add the Parmesan cheese and mix thoroughly so that the popcorn is coated with the spices.

Step 3

50 ml water - **150 g** sugar - **2 tbsp** butter - **1 tbsp** <u>Kikkoman Naturally Brewed Soy Sauce</u> Preparation (sweet-salty version):

To prepare the caramel, pour the sugar and water into a pan. Heat them until they dissolve without stirring. Gently swirl the pan to distribute the sugar evenly. When it turns golden, add the butter and Kikkoman Soy Sauce. Stir and pour over the other bowl of popcorn.

Step 4

Spread the caramel popcorn on a large baking tray lined with greaseproof paper. Wait for it to harden,

then crumble it into pieces and return it to the bowl.

You can serve both popcorn versions for any occasion or take them with you on a picnic.