

## **Coconut panna cotta with soy-ginger syrup**

Total time 190 mins 10 mins preparation time 180 mins cooling time

Nutritional facts (per portion):

1,234 kJ / 295 kcal

## **INGREDIENTS**

2 portion(s)

400 ml full-fat coconut milk

1 tbsp Kikkoman Naturally

Brewed Tamari Gluten

free Soy Sauce

**2 tbsp** sugar, vegan

**1.5 tsp** agar (or 1 tbsp plant-

based gelatine)

**1 tsp** vanilla extract

**2** figs

passion fruittspcoconut flakesMint leaves for

decoration

**Soy-ginger syrup:** 

**2 tbsp** maple syrup

**0.5 tbsp** <u>Kikkoman Naturally</u>

**Brewed Tamari Gluten** 

free Soy Sauce

**1 tsp** freshly grated ginger

**1 tsp** lemon juice

Fat: **25 g** Protein: **3 g** Carbohydrates: **14 g** 

## **PREPARATION**

Step 1

**400 ml** full-fat coconut milk - **0.5 tbsp** <u>Kikkoman</u> <u>Naturally Brewed Tamari Gluten free Soy Sauce</u> - **2 tbsp** sugar, vegan - **1.5 tsp** agar (or 1 tbsp plantbased gelatine) - **1 tsp** vanilla extract In a saucepan, combine the coconut milk, Kikkoman Gluten free Soy Sauce, sugar, agar and vanilla extract. Bring to the boil and cook for 2 minutes, stirring until the agar dissolves. Pour into small bowls or moulds, leave to cool, then refrigerate for at least 3 hours.

## Step 2

2 tbsp maple syrup - 0.5 <u>Kikkoman Naturally</u>
<u>Brewed Tamari Gluten free Soy Sauce</u> - 1 tsp
freshly grated ginger - 1 tsp lemon juice - 2 figs 1 passion fruit - 1 tsp coconut flakes - Mint leaves for decoration

Meanwhile, prepare the syrup: combine the maple syrup, ginger, Kikkoman Gluten free Soy Sauce and lemon juice. Heat for 1-2 minutes, strain through a sieve and leave to cool. Cut the figs into quarters and scoop out the passion fruit pulp. Serve the panna cotta topped with the soy-ginger syrup and decorated with the figs, passion fruit pulp, coconut flakes and mint leaves.