

Best of Berry Soup

Total time **10 mins** 10 mins preparation time

Nutritional facts (per portion):
822 kJ / 196 kcal

Fat: **7.8 g** Protein: **4 g**
Carbohydrates: **24.3 g**

INGREDIENTS

2 portion(s)

250 g	berries, e.g. blueberries, strawberries, raspberries, blackberries (alternatively: frozen)
200 ml	cherry juice
1.5 tsp	sugar
2.5 tsp	<u>Kikkoman Ponzu Citrus Seasoned Soy Sauce - Lemon</u>
2 tbsp	sour cream
1 tsp	chopped pistachios

PREPARATION

Step 1

Puree 150 g berries with cherry juice and 1 tsp sugar and season with Kikkoman Ponzu Lemon. Add the remaining berries.

Step 2

Mix the sour cream with the remaining sugar and pistachios.

Step 3

Arrange the soup, garnish with the pistachio sour cream, drizzle with Kikkoman Ponzu Lemon to taste and serve.