

Beetroot orzo with smoked sheep's cheese

Total time **17 mins 10 mins** preparation time **7 mins** cooking time

Nutritional facts (per portion):

2,690 kJ / 643 kcal

INGREDIENTS

2 portion(s)

4 tbsp olive oil

1 tsp balsamic vinegar

1 tbsp honey

1 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce

1 tbsp sesame oil1 garlic clove50 g orzo pasta

2 boiled beetroots

160 g smoked sheep's cheese

(oscypek, Manchego or

similar)

2 tbsp cranberry jam

1 handful of radish sprouts for

decoration

Fat: **39.7** g Protein: **23.3** g Carbohydrates: **47.4** g

PREPARATION

Step 1

4 tbsp olive oil - **1 tsp** balsamic vinegar - **1 tbsp** honey - **1 tbsp** <u>Kikkoman Naturally Brewed Soy</u> <u>Sauce</u> - **1 tbsp** sesame oil - **1** garlic clove Mix the olive oil, vinegar, honey, Kikkoman soy sauce, sesame oil and crushed garlic until well combined.

Step 2

50 g orzo pasta - **2** boiled beetroots - **160 g** smoked sheep's cheese (oscypek, Manchego or similar)

Cook the pasta, and dice the beetroot and cheese. Place the beetroot in a bowl, pour over the sauce and mix.

Step 3

2 tbsp cranberry jam - **1 handful** of radish sprouts for decoration

Put the pasta, beetroots with sauce and cheese into jars. Pour the remaining sauce and jam over them. Garnish with the radish sprouts.