

Butter chicken with ponzu and garam masala

Total time 110 mins 25 mins preparation time 25 mins cooking time 60 mins marinating time

Nutritional facts (per portion):

2,005 kJ / 480 kcal

INGREDIENTS

4 portion(s)

600 g chicken breast fillet

2 garlic cloves

1 piece of ginger, approx. 2 cm

2 tsp paprika powder

8 tbsp Kikkoman Ponzu Citrus

Seasoned Soy Sauce -

<u>Lemon</u>

300 g yoghurt

1 tsp cayenne pepper2 tsp garam masala

2 onions
3 tbsp butter
700 ml passata
2 tbsp tomato purée

200 g cream

1 pinch of ground cinnamon2 tsp honey (or maple syrup or

Kikkoman Mirin-Style

Sweet Cooking Seasoning)

Parsley to garnish

Fat: **24.3** g Protein: **43.2** g Carbohydrates: **19.5** g

PREPARATION

Step 1

600 g chicken breast fillet - **2** garlic cloves - **1 piece** of ginger, approx. 2 cm - **2 tsp** paprika
powder - **5 tbsp** <u>Kikkoman Ponzu Citrus Seasoned</u>
<u>Soy Sauce - Lemon</u> - **300 g** yoghurt - **1 tsp**cayenne pepper - **2 tsp** garam masala
Cut the fillet into pieces. For the marinade, finely
chop the garlic and ginger. Mix with the paprika
powder, Kikkoman Lemon Ponzu, yoghurt, cayenne
pepper and garam masala. Combine with the
chicken and marinate for at least 1 hour.

Preheat the oven to 200°C. Place the marinated fillet in an ovenproof dish and roast for about 25 minutes (or fry in hot oil in a pan).

Step 2

2 onions - **1.5 tbsp** butter - **700 ml** passata - **2 tbsp** tomato purée

Dice the onions and sauté them in the melted butter. Add the passata and tomato purée and simmer gently for about 20 minutes, stirring occasionally.

Step 3

1.5 tbsp butter - 200 g cream - 3 tbsp Kikkoman Ponzu Citrus Seasoned Soy Sauce - Lemon - pinch A pinch of ground cinnamon - 2 tsp honey (or maple syrup or Kikkoman Mirin-Style Sweet Cooking Seasoning) - Parsley to garnish Add the roasted fillet (with the marinade if you like), the remaining butter and the cream and heat briefly. Season with the Kikkoman Lemon Ponzu, spices and honey, garnish with the parsley and serve.